

Imagine the adrenaline rush as you leave the plane at 10,000 feet, heading towards the earth at 120 miles per hour for 5,000 feet of freefall...

What happens with the tandem skydive?

A tandem skydive is a combined freefall and parachute descent where you are strapped to a professional British Parachute Association (BPA) instructor.

On the day of your jump, you will get a ground briefing on the equipment that will be used and how it works, plus information on exiting the plane, freefall and how to land safely.

Once you have been securely attached to your tandem instructor you will board the plane. The plane will climb to around 10,000 feet where you will exit and begin your freefall. After reaching speeds of 120 miles per hour your freefall will end at around 5,000 feet when the main parachute is deployed and you begin your descent to terra firma.

Am I able to take part?

The minimum age to jump for Guide Dogs is sixteen, and you must weigh less than fifteen stone. There is no upper age limit; however if you are over the age of forty, you will need your doctor to sign your 'Declaration of Fitness' form.

There are also restrictions with some medical conditions. Full details are given on the 'Declaration of Fitness' form which will be sent to you once you've signed on, but if you suffer from diabetes, epilepsy, heart disease or severe asthma then you will need to get your 'Declaration of Fitness' form signed by your doctor. If you're under eighteen years old, your parent or guardian will need to sign your forms.

If you're unsure of anything, or have any questions, please call the Guide Dogs Events Team on **0845 600 6787**.

How do I register?

To jump for Guide Dogs, you will need to complete the registration form and pay a non refundable registration fee of £50. You will also need to pledge to raise a minimum of £350 in sponsorship for Guide Dogs.

You can select three suitable dates on your registration form; however we will try to book your tandem skydive on your first choice date.

Guide Dogs currently uses sixteen BPA dropzones around the UK, as shown on the enclosed map. We will book you into your nearest site, but if you would prefer to jump at a particular location please let us know on your form.



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Guide Dogs

What happens next?

Our tandem skydives are operated by the London Parachute School, who will contact you to co-ordinate your jump wherever you are in the UK.

If you fundraise through Justgiving.com, all sponsorship monies will be received by Guide Dogs and we will pay for the jump costs out of this amount. If, however, you are raising all of your money offline, you will be required to pay the remaining cost of your jump (£185) from your sponsorship to the school on the day of your jump.

Any funds that you raise in excess of this amount will need to be sent directly to Guide Dogs.

The big day...

You will be covered by the BPA's public liability insurance for up to £2 million cover to third parties. However, this does not cover you or your dependents for personal injury or accident so we recommend that you arrange personal accident insurance by visiting the BPA website at www.bpa.org.uk/insurance.htm

Most dropzone sites will be able to film your skydive for a cost of around £80 to £100 so you can relive your big moment all over again! You can order your DVD, video or still photos on the day or contact your dropzone site in advance to arrange.

Any questions?

If you have any queries or concerns, please call the Guide Dogs Events Team on **0845 600 6787** or email **events@guidedogs.org.uk**



Registration form

Title First name Surname

Name by which you would like to be known

Address

Postcode

Daytime phone number

Email address

(Being able to contact you by email will save Guide Dogs time and money)

Date of birth Height Weight

Do you have a medical condition about which the London Parachute School should be informed?

Yes No

If yes, please detail:

Are you blind or partially-sighted?

Yes No

If yes, in which format would you like future information?

Employer or team if relevant:

First choice of jump date:

Second choice of jump date:

Third choice of jump date:

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Agreement with London Parachute School (LPS)

I acknowledge that LPS has been engaged by Guide Dogs as an expert in the field of parachute descents and this agreement is between me and the LPS. In consideration of LPS accepting me as a member and student parachutist, I hereby acknowledge and agree that I will be bound by the Parachute Jump School's ("the School") rules and regulations and that I am 18 years of age or over. I further acknowledge that I enter into this agreement with the School on the basis that the School contracts with me on its own behalf and as agent for its entire staff and for all instructors who may be put at the disposal of the School for the purpose of assisting it to carry on its activities. I further agree not to make any claim against the School in respect of injury to person or loss of property and indemnify the School against claims brought against them arising out of neglect or default on my behalf whilst involved with the School's activities.

Signed

Date

Payment – your non refundable registration fee

I enclose a cheque for £50.00 made payable to 'London Parachute School'

Or

By signing below, I authorise LPS to debit my credit/debit card below with £50.00

Cardholder name

Cardholder signature

Date



VISA
ELECTRON

VISA

VISA

DEBIT



Card number

Valid from date / Expiry date /

Issue number (Maestro only)

Card security code (3 digits)

Complete this form online at www.guidedogs.org.uk/jump

Call: **0845 600 6787**

Email: events@guidedogs.org.uk

Please return this form to:

Jump for Guide Dogs,

c/o LPS, The Byre, Woods Farm,

Easthampstead Road, Wokingham, Berkshire, RG40 3AE

Registered office: The Guide Dogs for the Blind Association, Hillfields, Burghfield Common, Reading, Berkshire RG7 3YG. A company limited by guarantee registered in England and Wales (291646) and a charity registered in England and Wales (209617) and Scotland (SC038979).

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